



THE GAME OF LIFE



PLAY
FAIR.

MAKE
IT
FUN.



All games have one thing in common: **RULES!** Isn't it interesting that we are fooled into thinking that people hate rules and will refuse to obey them? The truth is that rules provide a sense of comfort.

- ◆ Rules let us know what is expected of us.
- ◆ Rules tell us that we can expect the situation to be fair. Justice and fairness are appreciated even by those too young to understand those concepts.

THINK OF YOURSELF AS YOUR CHILD'S COACH.

STRIVE TO BE THE COACH OF THE YEAR!

- ◆ Rules are intended to make the game *fair!*
- ◆ Penalties should not hurt—never use punishment that could cause physical or emotional pain.
- ◆ Determine rules and penalties based on your child's age and abilities.
- ◆ The greatest coaches inspire the team to improve, succeed and to be the best they can be.

Example of rules and fair penalties for children:

- ◆ Share your toys with others. If you do not share, you can not play with that toy for one day.
- ◆ Do not use foul language, hateful words or a loud, angry voice. If you disobey this rule, you have a time-out. (2 year old—2 minute time out; 3 year old—3 minute time out, etc.)
- ◆ Do not text message while driving. If you do, you lose your cell phone for 2 days. (Parents / caregivers monitor cell phone to insure responsible usage.)

Parenting Tips are courtesy of Franklin County Children Services
For more information: **24 - Hour Child Abuse Hotline (614) 229-7000**
Adoption & Foster Care: (614) 341-6060
Volunteers & Mentors: (614) 275-2690
Speakers or to Request Literature: (614) 341-6017

